



Sizing Statement

etika uniforms are fitted garments in style.

Please take the time to look at our sizing chart and follow some simple guidelines.

Your child's age may denote an age 6/7 sweatshirt; however, their chest measurements might require something completely different. You should also take into account children's growth spurts when purchasing your child's uniform for the year ahead. No one knows your child better than you; but here are some tips which you may wish to consider when placing your order:

Measuring a child's chest

Measure around the fullest part of your child's chest. For younger children, place the tape measure a few inches below their armpit to measure their chest. For older children, particularly girls, the fullest part of their chest might be a little lower.

Please be careful not to pull the tape measure too tight as this can lead to buying polo-shirts which are too small and strain at the buttons.

Polo Shirts/PE Tops:

For a child with a 28-inch chest you should look to add an extra 2 inches, due to the fit of these garments. By following our sizing chart, you would be looking for an age 9/10 or a 10/11 for a looser fit.

Sweatshirts/Cardigans/Zip Tops:

For a child with a 26-inch chest you should add an extra 3 inches, due to the fit of these garments. By following our sizing chart, you would be looking for an age 7/8 or 8/9 for a looser fit.

Polo Dresses:

If your daughter measures a 23-inch chest you should be looking to add an extra 2 inches. By following our sizing chart, you would therefore be looking at ordering for an age 4/5.

Good luck when ordering. Don't worry however if you do not get it right first time; the etika team will happily replace any garment until you have mastered our sizing structure.